

MEDIA RELEASE***New Book Chronicles 125 Years of Courage, Care, and Community at the Royal Alexandra Hospital****June 26th, 2025*

EDMONTON, AB – *The Alex: The 125-Year History of the Royal Alexandra Hospital*, a sweeping and deeply human account of one of Canada’s most storied hospitals, is now available to the public. Published in celebration of the Royal Alexandra Hospital’s 125th anniversary, this richly illustrated hardcover book invites readers into the remarkable stories that shaped not only a hospital, but the city of Edmonton and Alberta’s modern healthcare system.

Authored by Edmonton-based historian **Carolina Jakeway Roemmich**, the book spans from the hospital’s humble beginnings as the Boyle Street Hospital in 1900 to its present-day role as a critical care centre in Canada’s heartland. *The Alex* unpacks pivotal themes of **pandemics and public health, the leadership of women and nurses, Indigenous healing traditions, and the battles over religion, politics, and medicine** that forged a public institution for all.

“It’s not just the story of a hospital,” said **Sharlene Rutherford**, President and CEO of the Royal Alexandra Hospital Foundation. “It’s a story about people — their resilience, their generosity, and their unshakable belief in compassionate care. This book is a tribute to every Albertan who’s ever walked through the Alex’s doors.”

Through vivid personal stories, never-before-seen photographs, and archival research, *The Alex* also delves into the lives of those often left out of mainstream histories — **Métis midwives, immigrant patients, Black and Jewish doctors, and thousands of unsung nurses and volunteers**. From the smallpox epidemics of the early 20th century to the creation of one of Canada’s largest women’s hospitals, every chapter reveals how the Alex grew in step with the city it serves.

Whether you were born at the Alex, worked within its halls, or are simply passionate about Edmonton’s heritage, this book is a must-have for anyone who believes in the power of care and community.

ORDER YOUR COPY

The Alex: The 125-Year History of the Royal Alexandra Hospital is available now.

Visit royalalex.org/125years to learn how to **purchase the book, support the Foundation, or give the book as a gift** to someone you love.

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About the Royal Alexandra Hospital Foundation

Established in 1984, the Royal Alexandra Hospital Foundation is committed to supporting improved healthcare outcomes for the hundreds of thousands of people who seek treatment at the Royal Alexandra Hospital every year. The Foundation funds advanced education, cutting-edge research, next-generation technologies and facility improvements that advance care and enhance the patient experience. The Royal Alexandra Hospital Foundation also supports medical centres of excellence at the Royal Alexandra Hospital campus, including the Lois Hole Hospital for Women, the CK Hui Heart Centre, the Orthopedic Surgery Centre and the Eye Institute of Alberta.

Stay up to date with Royal Alexandra Hospital Foundation news at royalex.org. Follow us on Twitter and Instagram [@RAHFoundation](https://www.instagram.com/RAHFoundation)