

Our Hospital Our Voices

2011 Report to the Community







Our Vision

Building passionate community support for the Royal Alexandra Hospital.

Our Mission

The Royal Alexandra Hospital Foundation, as a respected leader, inspires community support for the Royal Alexandra Hospital and its initiatives of excellence including the Lois Hole Hospital for Women, the CK Hui Heart Centre, the Regional Eye Centre and the Orthopedic Surgery Centre.

The Foundation empowers compassionate, innovative patient care through leading-edge education, research, technology and facility enhancements.

We Dedicate

With deep respect and abundant gratitude, we dedicate this report to our donors. Our hospital is your hospital.

President & Chair's Message

Andrew Otway and Debby Carlson

Welcome to the Royal Alexandra Hospital Foundation's 2010-2011 Annual Report. This year's theme, *Our Hospital. Our Voices*, reflects upon the very tangible pride and passion that people have for the Royal Alexandra Hospital. Whether they are our generous donors, the hospital's dedicated staff or its grateful patients, many people feel a very personal connection to the Royal Alexandra Hospital.

With our hospital growing so much, this connection is only getting stronger. We have seen a lot of change at the Royal Alex over the past decade and in particular the past year. This change has come in the form of new services, new programs, and new facilities at the hospital.

Last year we officially opened the beautiful Robbins Pavilion, home to the Lois Hole Hospital for Women – a "hospital within a hospital" – that is helping women of all ages and writing a new chapter in patient care at the Royal Alexandra Hospital. Last fall the doors opened at the Orthopedic Surgery Centre, a fantastic new facility that brings a new lease on life to patients with knee and hip ailments. This May saw the official opening of the CK Hui Heart Centre, concluding a very successful three-year campaign to give our world class cardiology department a new home, consolidating vital cardiology services under one roof.

All of this change and growth at the Royal Alexandra Hospital is very exciting and very gratifying, because it means one thing: better patient care. *Our Hospital, Our Voices* shares some of the stories of how lives are being changed – and saved – at the Royal Alex.

On behalf of the Royal Alexandra Hospital Foundation staff and its volunteer board of directors, thank you for your support over the past year.

Sincerely,

Andrew Otway President and CEO, Royal Alexandra Hospital Foundation

Debby Carlson Chair Royal Alexandra Hospital F

Chair, Royal Alexandra Hospital Foundation





Growth and Progress

The CK Hui Heart Centre and The Orthopedic Surgery Centre

The official opening of the CK Hui Heart Centre on May 2, 2011 and the arrival of our first patients on May 16 marked a new era in heart care at the Royal Alexandra Hospital. It was a day that will forever be remembered by everyone on our cardiology team. The CK Hui Heart Centre consolidates all of the important cardiac services at the Royal Alexandra Hospital under one roof and will care for thousands of cardiac patients each year.

Thanks to the Royal Alexandra Hospital Foundation, we will enjoy working in a facility that holds artistic beauty and a sense of holistic healing. The physical environment is stunning, with open spaces, natural lighting and wonderful artwork. Who in healthcare wouldn't want to work in a place such as this? But I know the group upon whom it will have the biggest impact: our patients. And that is the way it should be. Our patients are at the heart of everything we do. These are the people who touch us, motivate us, and inspire us the most.

Dr. William Hui *Chief of Cardiology, Royal Alexandra Hospital*





The Orthopedic Surgery Centre opened at the Royal Alexandra Hospital in November 2010 and is dedicated solely to hip and knee replacement, using the latest surgical technology to ensure the best outcomes for our patients. We're very excited about the Orthopedic Surgery Centre because it meets the great demand for specialized orthopedic care in Edmonton and northern Alberta. There are a growing number of patients who live with chronic pain due to failing joints: for them, climbing the stairs feels like climbing a mountain. With state-of-the-art surgical navigation technology at this new facility, we can do a better job of giving our patients their lives back after years of pain and mobility issues.

Dr. Don Dick

Medical Lead, Orthopedics, Edmonton Zone Medical Lead, Bone & Joint Clinical Network, Alberta





Lois Hole Hospital for Women





Dr. Peggy Sagle

Professor and Interim Chair of Obstetrics and Gynecology, University of Alberta Edmonton Regional Fertility and Women's Endocrine Clinic, Royal Alexandra Hospital, Edmonton

It has been an interesting, challenging and rewarding year at the Lois Hole Hospital for Women as staff and patients have been adjusting to this new facility. Today this hospital runs like a well oiled machine and is delivering exceptional healthcare to women in Alberta. This bright, beautiful centre is a wonderful environment for all of us. People are often amazed and impressed by the artwork, the big windows and interesting features like the Ted and Lois Hole Healing Garden.

We have seen an increase in our patient numbers because this hospital is recognized as a centre of excellence, and people want to come here for care. As a result we hope to recruit more staff and, in particular, sub-specialists who are able to treat the growing needs in specialized patient care. We are so grateful to the Royal Alexandra Hospital Foundation for helping to fund fellowships as we continue to advance research and education opportunities in women's health. Clinical care is the cornerstone of what we do, but learning opportunities play a significant role in training the healthcare professionals of the future. Investing in research and education attracts world-class specialists to our city and continues to establish the Lois Hole Hospital for Women as a leader in women's health.



2011 Report to the Community

Marlene Durocher-Balcombe Patient

I spent 60 days at the Lois Hole Hospital for Women this past spring as I battled two serious illnesses. First, I was diagnosed with vulvar cancer, which was devastating as I had fought cervical cancer 30 years earlier. I was scheduled to have surgery to remove the tumor, and just days before the operation I was rushed to emergency after getting the shocking news that I also had necrotizing fasciitis (flesh eating disease). Suddenly I was fighting another potentially fatal disease. My entire life changed and I wondered, "Why is this happening to me?"

Fortunately, I received exceptional care at the Lois Hole Hospital for Women. I was comforted by how attentive and knowledgeable the doctors and nurses were every day during my stay. This was one of the hardest times in my life, but receiving compassionate, expert care gave me the reassurance that everything would be alright.

I am so grateful to the Royal Alexandra Hospital Foundation and the people who support the Lois Hole Hospital for Women. I know first hand what a difference research, education and equipment can make for better patient care. Thanks to the treatment I received at the Lois Hole Hospital for Women, I'm a survivor.



My husband Thomas and I are supporters of the Lois Hole Hospital for Women because we believe in the work being done here. We've also had a personal experience with the Royal Alexandra Hospital during my pregnancy with our daughter. During this time, I was transferred to the Royal Alex where 3-D Ultrasound technology was used to determine her health and safety. Thankfully, everything was fine. As expectant parents, it was reassuring to know that this state-of-the-art technology was available.

> Over time, our interest grew when Lynn Mandel asked me to join the Community Outreach Committee for the Lois Hole Hospital for Women Campaign, followed by a further commitment to assist one of the

fundraising committees. Through my participation on these teams, Thomas and I became very passionate about the Lois Hole Hospital for Women and we really wanted to have a part in the development of the hospital. We donate to this hospital because we support excellence in healthcare. We believe donor support is so important to ensure that we sustain outstanding healthcare facilities in our community.

Now that the Lois Hole Hospital for Women is established, there are new programs and initiatives on the horizon, including the Simulation Centre for Health Learning. We will continue to support this hospital in various ways because of the many vital roles it has in the capital region and beyond. It is an honour and a pleasure for both of us to be involved with the Lois Hole Hospital for Women and to help ensure that it continues to be a leader in women's health care.

Northern Alberta Neonatal Intensive Care Program, Royal Alexandra Hospital Site

Erica Kalke Nurse Practitioner

Donors to the Royal Alexandra Hospital Foundation have definitely made a difference at the NICU. We've been able to purchase a variety of equipment for the unit that isn't covered by our usual budget, and these little things – the Creamatocrit system to measure and optimize the calories in breast milk, sensors to measure sound levels in the NICU, a digital camera and a printer – really have a positive impact.

I call them "little things," but really, they're big things. The Creamatocrit helps us with nutrition for premature babies, which is so important. The sensors let us know when there's too much noise, because that can affect a baby's development, so that's very important, too. Being able to take pictures of babies and provide that memory to parents at a time when they are quite anxious and emotional is very significant.

Donations to the NICU really allow us to make a safe and wonderful environment even better. When we have additional resources like this, it means we can take what we do to a different level of care and support. We're able to address a lot of small issues that, put together, significantly impact the care of the tiniest of patients.

Myles Pallister Patient

When my mom was pregnant with me, the doctors told her that there might be some problems during my birth. So she went to the Royal Alexandra Hospital for a bunch of ultrasounds just to make sure everything was going to be okay. Mom says they found some problems, so she was nervous. Then I was born seven weeks early, so Mom went back to the Royal Alex. She says she was really scared, but everyone in the NICU was really awesome, so that made her and my Dad feel better. I was in the hospital for about four days before transferring to a special unit in a hospital in Red Deer and then back home to Lacombe. I'm nine years old now, so I'm pretty sure everything turned out just fine.

Greg & Kathy Pallister Donors

When Myles was born seven weeks early, it was completely unexpected and we were so frightened about his health and well being. Our doctor at the Royal Alexandra Hospital was very compassionate and took the time to explain everything to us, making us feel more comfortable in a very uncomfortable situation.

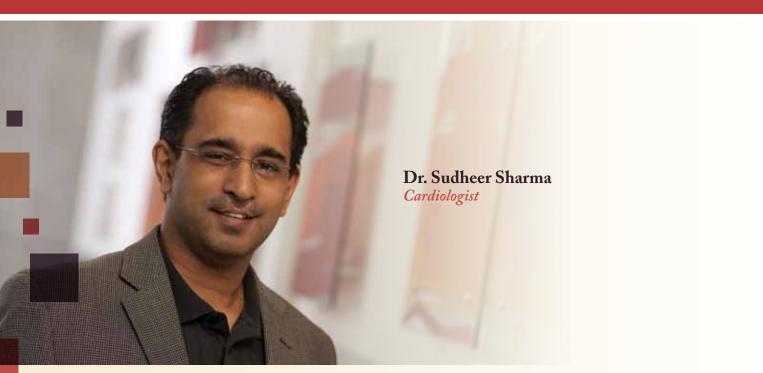
Everyone at the Neonatal Intensive Care Unit at the Royal Alexandra Hospital was fantastic. We had wonderful nurses, and we noticed that all staff were very dedicated – not only with Myles but with all of the babies and were providing the best of care to them. So – as scary as the situation was – the staff at the Royal Alex really made it the best experience it could have been under the circumstances.

Since then, we've donated regularly every year. We were lucky. We were only there for four days, but we know most families are there for longer periods and need that special care. We have a healthy, smart, fun kid and so we're happy to do what we can to support the Royal Alexandra Hospital.



CK Hui Heart Centre

legacy lives here



One of the things that continues to attract me to the Department of Cardiology at the Royal Alexandra Hospital is how well this team works together. This is a very professional group that is very efficient in the way they manage patients. Moving into the CK Hui Heart Centre has allowed us to strengthen that team even further. We're no longer geographically separated on the hospital campus and this means greater teamwork, better use of our resources and certainly better outcomes for our patients.

What's most exciting for me as a cardiologist is that presently we're really redefining our ability to diagnose vascular disease in the early stages. We also have innovative treatments to manage the disease after it is diagnosed. Through medication, lifestyle changes and minimally invasive procedures, we're seeing very positive results, more than ever before. We do our best to be innovative when it comes to patient care in the hospital, and we also want to be innovative outside the hospital walls. Through the Multicultural Heart Health program, we're making an effort to educate people about good heart health through grass roots teaching and public forums that will provide information and resources. We had great success with the Chinese community in Edmonton last year and the next phase is the South Asian community. An ounce of prevention really is worth a pound of cure.

2011 Report to the Community

Krishan Joshee Patient

I've been receiving excellent care from the cardiology team at the Royal Alexandra Hospital for more than 25 years now.

I first received treatment from the pioneering Dr. Tal Talibi, then Dr. Zaheer Lakhani, who has been my cardiologist ever since. Dr. Michael Chan has also assisted me with cardiac rehab after some of my more serious incidents. I consider myself very fortunate to have these gentlemen take care of me. In fact, all of the staff at the Royal Alex – doctors, nurses – have been very kind to me over the years.

I know that cardiologists at the Royal Alexandra Hospital have a long history of finding the best way to treat patients. The fact that there are so many specialists working together as a team to provide continuous care to patients like me is incredible. It's wonderful that this group is now together under one roof at the CK Hui Heart Centre.

If it wasn't for this team at the Royal Alex, I wouldn't be here today to tell you my story. I think they really are a heaven-sent group of people.

Ed & Paige Stahl Donors

We support the CK Hui Heart Centre because we have seen the passion and commitment to excellence by the doctors and staff who work there. We really believe in the work that's being done at the Centre.

> When the Royal Alexandra Hospital Foundation began its fundraising campaign for a new cardiology centre at the Royal Alexandra Hospital, we were fortunate enough to meet with our good friends Dr. Tal Talibi, a retired cardiologist, and Bruce Pennock, a member of the Foundation's Board of Directors. They shared the details of the new facility with us. It was their level of enthusiasm and commitment

that sparked our interest in supporting their work. You can see that the cardiology department at the Royal Alexandra Hospital believes in excellence in care, and so do we.

And now that the CK Hui Heart Centre is open, we're eager to continue supporting it. Not only is the staff providing expert patient care, they're developing innovative programs that reduce and manage heart conditions. Heart disease affects so many people, so we certainly see the importance of these programs to help people live healthier lives.

Knowing that our support is helping the CK Hui Heart Centre become a world-class facility makes our decision to donate an easy one. It's a pleasure for both of us to be involved with the CK Hui Heart Centre, and we can think of no better way to give back to the community than by supporting the Royal Alex.

Orthopedic Surgery Centre

Dr. Edward Masson Orthopedic Surgeon

The Orthopedic Surgery Centre at the Royal Alexandra Hospital has elevated surgery and patient care to the next level. The two Computerized Surgical Navigation Systems in our operating suites ensure that we can position new knees and hips with absolute accuracy, which is an incredible tool for surgeons to have at their disposal. It's also a great teaching tool, as each of the suites are outfitted with video cameras, so we can stream the surgery footage to classrooms for students and residents.

Of course, all of this technology means better results for our patients. It means smaller dissection areas, less invasive procedures and quicker recovery times. It's amazing the number of patients like Julie who come back and tell us what a great experience they had in the OSC.

We're grateful that the Royal Alexandra Hospital Foundation is fundraising for the Orthopedic Surgery Centre. They're helping to make an already excellent facility even better and this means we can provide our patients with the best possible care.

Julie Morris

Patient

For several years, I suffered from chronic pain in my hip. I thought it was arthritis and that I would have to live with it. I was having difficulty walking and even sleeping. I was very frightened and depressed, thinking that, at age 52, I was going to go through life without being able to do the things I most enjoy – working in the garden, walking my dogs, and riding my horse, which is a big part of my life.

X-rays revealed there was no cartilage left in my hip joint. My only option was surgery, and the idea of major surgery really frightened me. But I met with an orthopedic surgeon, Dr. Edward Masson, and together, we made a decision to proceed. In December 2010, I went into the Orthopedic Surgery Centre at the Royal Alexandra for a total hip replacement. The Centre had just opened a month earlier, so I became one of their first patients.

The surgery was such a success. The pain was gone immediately and I was out of bed and walking pain free that same day. The next day I went for my physiotherapy and they told me I could go home if I wanted to! It was remarkable.

Before the surgery, I felt like it was the beginning of the end for me. But now I'm doing everything that I did before. I'm riding my horse again, gardening and taking long walks with my dogs. I really feel like I have a new lease on life.

Karen Davidson Donor

This summer my husband Bill and I were part of a group who climbed Mount Kilimanjaro in Tanzania to help raise funds for the Orthopedic Surgery Centre at the Royal Alexandra Hospital. It was certainly an unusual way for me to become a donor!

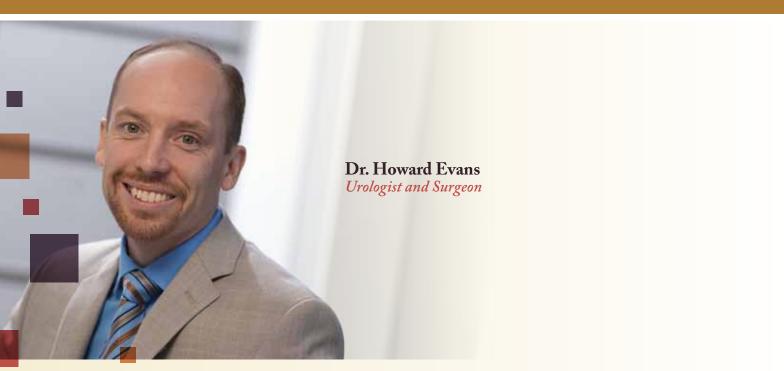
I looked forward to the Kilimanjaro Climb because I was presented with the opportunity to give back to a hospital that has enabled people I love to continue an active life. My father has received two knee replacements, and my uncle and a dear friend have both received hip replacements. These procedures have given these people a new lease on life. They're free of pain and able to continue to participate in the activities that they love.

Knowing that the Orthopedic Surgery Centre at the Royal Alexandra Hospital will help people like my father and uncle is inspiring, so I was brave and climbed the mountain. I can think of no better way to give back to the hospital that has helped my family – and possibly myself – in the future.



Men's Health

It's About Men. It's About Time. Campaign for Prostate Health



Since the arrival of the da Vinci S Robotic Surgery System at the Royal Alexandra Hospital three years ago, our ability to treat men with prostate cancer has grown by leaps and bounds. The outcomes and recovery times for patients have drastically improved. What used to be a four to six week recovery window after surgery has now been cut down to one to two weeks after minimally invasive robotic surgery. Postsurgery, patients have much more positive outcomes when it comes to their potency and urinary control, which is always a big concern.

Looking to the future, my colleagues and I are really looking forward to the opening of the Rapid Access Clinic for prostate cancer patients at the Edmonton Clinic and want to thank the Royal Alexandra Hospital Foundation, the University Hospital Foundation and the Alberta Cancer Foundation for all they have done to make this happen. The Rapid Access Clinic will ensure quicker treatment for men who receive a diagnosis of prostate cancer. Surgeons will feel a lot better about treating patients more efficiently and of course it will make a huge difference for patients who won't have to wait and wonder about treatment.

2011 Report to the Community

Greg Krischke Patient Mayor, City of Leduc

My father had prostate cancer, so I've scheduled regular check-ups since I was 50. My PSA was also checked regularly and, although fairly low, I was experiencing some symptoms. My doctor suggested a biopsy, and even though there was only a one in five chance I had cancer, there it was: cancer in two of the twelve biopsies.

It was a very scary time after my diagnosis. Even though I was free to choose a "wait and see" option for six to eight years to determine if and when surgery was absolutely necessary, I would be living all those years with cancer inside me and I didn't want to take that risk. My wife and I asked for more details on the various options, and after I discussed everything with my doctor, Dr. Gerry Todd, we decided on robotic surgery.

I was very impressed with my surgeon, Dr. Eric Estey, and the way in which he and the pre-op clinic staff explained everything to us prior to the operation. I was so thankful to know what each step was going to be and exactly what was going to happen. It took so much pressure off me leading up to the surgery date, because I wasn't walking into something totally unknown.

The surgery went very well, and after four months, I'm on the road to complete recovery.

It's so important that men talk about prostate cancer. I decided to go public with my experience, and it was the smartest thing I could have done. Sharing my experience has increased the awareness and profile of prostate cancer and a lot of men have approached me with questions. I hope that I can encourage more men to get checked regularly, because early detection is the key to a positive outcome.

Carmelo and Stella Rago *Donors, Sorrentino's Restaurant Group*

We've been involved with the Royal Alexandra Foundation as donors for a number of years. First as supporters to the Lois Hole Hospital for Women campaign, and more recently, as supporters and volunteers on the Campaign for Prostate Health. We feel it is important to give back to the community that has given us so much. Supporting initiatives like the Campaign for Prostate Health have become a huge part of our company philosophy.

> For the last six years we have raised funds through our annual Garlic Stomp event. More importantly we hope that our Garlic Stomp event is successful in

raising awareness of prostate cancer. When it is completed, the Edmonton Clinic will ensure men from central and northern Alberta will receive the very best in patient care. Men will benefit from timely access to specialized services, and this is something we're proud to support.

Working with the Royal Alexandra Foundation, the University Hospital Foundation and the Alberta Cancer Foundation in support of men's health continues to be a privilege. We have always thought: "If you are fortunate enough to be in a position to give back, then it's important to do so."

We are proud of this mindset and we hope our children are too.

Regional Eye Centre

Dr. Matthew Tennant Ophthalmologist

The Regional Eye Centre serves people from across northern Alberta, Saskatchewan, B.C. and the Northwest Territories. It's a very important facility that localizes a variety of services into one hospital, which is fantastic from both a doctor and patient standpoint. Patients with all manners of eye ailments or trauma can come here and be treated by a number of specialists, all under one roof. Currently, we're operating at three times our capacity, which shows how many people depend on us for treatment and care.

The Regional Eye Centre is also an important teaching facility for students and residents. Soon we'll have the benefit of an Ophthalmology Research Chair thanks to the Royal Alexandra Foundation designating proceeds from the 2011 Full House Lottery to the centre. This will be a huge benefit for us, since a Research Chair will offer new expertise and an opportunity for long-term research, ensuring the continued delivery of high-quality care for our patients.

I began my career at the Royal Alexandra Hospital, and have a great love for this hospital. As a doctor, it is rewarding to work in a place where everyone works together as a team, making outcomes for patients the most important factor. That's what we do at the Regional Eye Centre and, as a surgeon, that level of excellence and teamwork makes my job incredibly rewarding.

Dan Manning Patient

I've been on the Royal Alexandra Hospital Foundation's Board of Directors for four years now, and because of that volunteer work, I certainly know how important it is to support healthcare. However, a recent incident on the ball diamond really brought it home.

I play men's slow-pitch for fun and, in a recent game, I was running from first base to second, and the shortstop threw the ball to first base hoping for a double play. Well, I was between the ball and first base, and took a direct hit just above my right eye. The pain was incredible.

I was taken to the emergency department at the Sturgeon Hospital in St. Albert where they realized broken blood vessels were causing pressure to build up in my eye. I went to the Regional Eye Centre at the Royal Alexandra Hospital to see a specialist, Dr. Ezekiel Weis. The pressure continued to build and I was afraid that surgery would be necessary. Lucky for me, Dr. Weis was able to treat me with medication usually meant for glaucoma patients and over the next 24 hours the pressure subsided. Blood in my eye caused my vision to to blur, but thanks to eye drops, my vision is returning to normal.

The experience really changed the way I think about the Royal Alexandra Hospital. I've gone from someone who supports good healthcare to someone who has experienced it first hand. When this situation unfolded, I was very glad for the resources at the Royal Alexandra Hospital. I was very impressed with Dr. Weis and the treatment I received at the Regional Eye Centre was excellent. I feel tremendously fortunate.

Bill Webber

Donor Lions Clubs of Canada

Lions Clubs have a long history of donating to sight-related causes. Back in 1925, Helen Keller spoke to an international Lions convention and encouraged them to become "knights of the blind." It's not an exclusive fundraising activity for us, but it's a strong focus for Lions Clubs around the world. So when the opportunity came for local Lions Clubs to raise money for the Regional Eye Centre at the Royal Alexandra Hospital, it seemed a very natural fit.

More than 100 Lions Clubs in Edmonton and northern Alberta have been raising money for the Regional Eye Centre for more than a decade. I know that for some of the smaller communities in northern Alberta, the Royal Alexandra Hospital's Tele-Ophthalmology program really means a lot to them. This technology allows doctors in Edmonton to screen for diabetic eye disease through local examinations sent via high speed electronic transmissions. It makes a real difference to those remote communities lacking facilities. Since it serves such a large area of our province, Lions Clubs all across Alberta feel a real connection to the Regional Eye Centre. We're happy to support it as much as we can.



Priority Needs

Liane Manz Unit Manager Royal Alexandra Hospital Intensive Care Unit

Treating patients in the Intensive Care Unit is more of a marathon than a sprint.

In the Emergency Room, doctors and nurses don't always form a bond with patients since their job is to quickly stabilize people after some kind of trauma and then move on quickly to the next patient; that's how they save lives. But in the ICU, patients are generally here for longer periods of treatment and so we definitely form a bond with people. The staff often feels a real sense of friendship with our patients, and even though we're happy to see them recover and leave, we're also a bit sad when they go!

The Intensive Care Unit provides long-term care for things like airway management, continuous hemodialysis, and neuro trauma. We see more than 1,100 patients every year. We see almost every kind of case you can imagine – from people recovering after a car accident to serious illnesses like H1-N1.

Critical care is something that everyone may benefit from some day. We all drive cars, we all cross busy streets, we could all catch pneumonia. When life deals you a bad card, we're here to help. Donor support for the ICU is very important for today, and it will continue to be so in the future.

Ken Oldham Patient

I was at the Royal Alexandra Hospital to have my left knee replaced. While the surgery itself went very well, I had the misfortune to suffer a pulmonary embolism the next day. I had a blood clot in my heart that went through to my lungs and knocked me out. I don't really remember anything until waking up in the ICU with my wife and my family by my side giving courage and support. I was on oxygen for a few days, and I think at one point I had a total of 19 tubes coming out of me!

I stayed in the ICU at the Royal Alexandra Hospital for ten days. The treatment I received there was really exceptional. The doctors and nurses were all very cheerful, and got me pretty much anything I wanted. When my family came to visit, they were treated like royalty, too. After my spell at the ICU, I went into general care at the Royal Alex and then into rehab for about a week before I could go home. It sounds funny, but I almost hated to leave the ICU! It meant I was recovering, but everyone there had become just like family to us.

That was one year ago. Last winter I was able to shovel my own snow and in the spring I cleaned the eavestroughs. I'm pretty much back to normal now. What could have been a tragic experience for me and my family was made much easier to cope with thanks to the ICU staff, so I'm very grateful.

Bill and Margaret Fettes *Donors*

We've been donating to the Royal Alexandra Foundation since 1999. We mainly donate to Priority Needs, since we feel that's really the heart of the hospital. There is so much that goes on at the Royal Alexandra Hospital; the everyday care and treatment might seem low-key compared to other highly specialized areas of care, but the every day needs of this hospital make a tremendous impact upon patients, too. We also volunteer at the Royal Alexandra Hospital – assisting people when they come to visit – and as a result we get rather possessive about the Royal Alex. We get to see all stages of life here. We see that people come to the Royal Alexandra Hospital from as far away as Inuvik, because of the specialized treatment they receive here. This is a very important place for so many people.

We like this hospital. This is our hospital.

A New Generation of Philanthropists

Beth Allard Clough

Chair, Allard Foundation

In 1978, my Grandfather, Dr. Charles Allard, started the Allard Foundation. It was a gesture of his belief in giving back to the community. It marked the beginning of our family's philanthropic activities that have continued for three generations. Today, my aunt Cathy Roozen, my uncle Chuck Allard and I run the foundation along with a close business associate, Robert Manning. My father, Cam Allard, created the Summit Foundation in 1996 in which I am also involved.

When I look at what my Grandfather accomplished in his life, I am truly inspired. He grew up during the Great Depression and worked hard to put himself through medical school. He took huge risks in his career and he never forgot about the community that supported his success. Today, we endeavor to maintain his visionary spirit with each donation we make. The Allard Foundation funds education, arts, and social services, with the bulk of our funding going to healthcare and medical research. My grandfather was a surgeon and the Chief of Staff at the General Hospital, so healthcare is close to my heart and a natural fit for our foundation.

Our donations to the Royal Alexandra Hospital Foundation and Lois Hole Hospital for Women resonated with us personally. We were excited to learn that the Royal Alex was building a dedicated women's hospital: it was timely and important for Edmontonians. The Allard Foundation made gifts to the Familial Ovarian Cancer Clinic and the Mature Women's Health Program. The Lois Hole Hospital is a beautiful facility and an incredible place for women to receive top care.

The donation from the Summit Foundation to the CK Hui Heart Centre came after my father went in for a stress test and was told he had some urgent heart problems. He was so impressed with Dr. Hui and his team that he committed to the cause. I love that the Royal Alex has a dedicated facility to provide specialized cardiac care. I don't think people realize how many procedures these cardiologists perform in a year and how important their work is.

As we look forward, our hope is that the Allard Foundation, and my Grandfather's legacy, will continue to inspire for generations to come. He taught me, and my entire family, the importance of giving back. This is our city, and so we do what we can to make it even better.



In the Community

Speaking of Health

Speaking of Health is a free public lecture series hosted by the Royal Alexandra Hospital Foundation twice each year as a way to serve the community and educate people about maintaining good health. Featuring lively talks presented by some of Canada's foremost healthcare experts, these informative lectures provide insight into a wide variety of issues and help people take charge of their own health. Audiences at Speaking of Health have been loyal, enthusiastic and express their appreciation for this community-minded endeavor.

The Gilbert Lecture

Since 2004, the highly-acclaimed Gilbert Lecture brings nationally and internationally acclaimed leaders in the world of healthcare to the Royal Alexandra Hospital. The lecture series provides medical professionals a unique forum in which to learn about new treatments, research and the evolution of medicine. The Gilbert Lecture focuses on two of the late Dr. Alan Gilbert's areas of special interest and expertise: medical education and inner city medicine.

Mary Jo Huey Robbins Nursing Lecture

The Mary Jo Huey Robbins Nursing Lecture was created to honor the role of nursing at the Royal Alexandra Hospital, where a proud tradition of nursing excellence has existed for generations. Named after Royal Alexandra Hospital patron Mary Jo Robbins – herself an accomplished nurse for many years – this important lecture brings information and inspiration to the nurses of the Royal Alexandra Hospital.



Royal Alexandra Hospital Foundation Board of Directors



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2011 Report to the Community



Hon. A. Anne McLellan, P.C., O.C. Counsel, Bennett Jones LLP



Perry McPherson Gold Dust Casino



Bruce Pennock, C.A. Partner, Pennock, Acheson, Nielsen, Devaney



Joe Thompson Chairman, PCL Construction Group



Olivia Butti Community Advisor



Andrew Otway, CFRE President and CEO, Royal Alexandra Hospital Foundation



Joanna Pawlyshyn Vice President, Royal Alexandra Hospital



Lois Stefaniuk Site Executive Director, Royal Alexandra Hospital

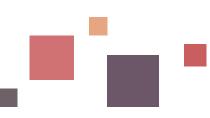


Dr. William Dickout Medical Director, Royal Alexandra Hospital



William K. Robbins, Jr. and Mary Jo Robbins Patrons, Royal Alexandra Hospital

Since its establishment in 1984, the Royal Alexandra Hospital Foundation has been proud to support the Royal Alexandra Hospital, one of Canada's pre-eminent teaching and research hospitals. The Foundation's Board of Directors are community leaders who are committed to delivering advice, direction, and counsel in all fundraising efforts. As advocates for the Royal Alexandra Hospital, these volunteers engage the community in meaningful philanthropy that support the priority needs of the hospital, allow new research and make advancements in patient care possible.





Royal Alexandra Hospital Foundation

Statement of Financial Position

Year end March 31, 2011 with comparative figures for 2010

Extracted from the annual audited financial statements

	2011	2010
Assets		
Current assets:		
Cash	\$3,370,384	\$2,644,184
Restricted cash	2,039,047	351,867
Accounts receivable	259,416	89,403
Other assets	973,825	1,326,435
Prepaid expenses and deposits	67,525	48,558
	6,710,197	4,460,447
Land, at cost	14,500	14,500
Portfolio investments	27,513,109	25,285,936
	\$34,237,806	\$29,760,883
Liabilities and Fund Balances Current liabilities: Accounts payable and accrued liabilities Deferred revenue	\$1,060,848 3,082,613	\$856,756 1,203,775
	4,143,461	2,060,531
Fund balances:		
Endowment funds	17,163,607	22,260,625
Externally restricted funds	8,197,693	7,210,934
Externally restricted funds Internally restricted funds	8,197,693 4,733,045	7,210,934 444,503
-		
Internally restricted funds		444,503

On behalf of the Board: Carbon Chair, Board of Directors President & Chief Executive Officer

Statement of Operations and Changes in Fund Balances

Year end March 31, 2011 with comparative figures for 2010

Extracted from the annual audited financial statements

	2011 Total	2010 Total
Revenue		
Fund raising	\$4,598,887	\$7,789,467
Lotteries		
Full House - 2010	6,152,757	-
Full House - 2009		6,725,620
Dream Away	2,175,662	-
Investment income	1,971,779	3,366,638
	14,899,085	17,881,725
Expenditures		
Fund raising	1,627,842	1,553,253
Lotteries		,,
Full House - 2011	824,304	-
Full House - 2010	4,096,928	578,169
Full House - 2009	-	3,898,038
Dream Away	2,975,831	-
Other	92,371	48,570
Administrative	418,034	410,188
	10,035,310	6,488,218
Excess revenue over expenditures before distributions to charitable organizations	4,863,775	11,393,507
Distributions to the Royal Alexandra Hospital site	2,469,782	3,920,284
Excess revenue over expenditures	2,393,993	7,473,223
Fund balances, beginning of year	27,700,352	20,227,129
Fund balances, end of year	\$30,094,345	\$27,700,352

Royal Alexandra Hospital Foundation

Fund Balances

Extracted from the annual audited financial statements

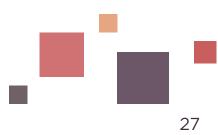
	Year End Balance 2011	Year End Balance 2010
Capital Projects		
Robbins Learning Centre	1,566,215	1,550,233
Robbins Learning Centre - Chairs	426,725	421,436
Robbins Learning Centre - Classroom	179,518	119,981
Total Capital Funds	\$2,172,458	\$2,091,650
CK Hui Heart Centre		
Cardiology	49,253	44,395
Cardiology Innovation Endowment	1,496,224	1,421,224
Cardiology Innovation Interest	180,090	58,001
CK Hui Cardiology	761,342	583,423
The Hui Family Endowment for Cardiology Research and Innovation	763,912	502,146
The Hui Family Endowment for Cardiology Research and Innovation Interest	76,209	33,066
William K. Robbins Endowment for Research and Innovation in Cardiology	1,510,160	1,308,158
William K. Robbins Endowment for Research and Innovation in Cardiology Interest	63,692	55,965
Talibi Cardiology Innovation	85,289	85,289
Total CK Hui Heart Centre	\$4,986,171	\$4,091,667
General Purpose		
Full House Lottery	(444,128)	375,750
General Fundraising Fund	25,000	-
Gift in Kind	8,950	83,253
Steve Ozipko Priority Equipment	354,033	326,474
Pay Day Jackpot	208,873	274,608
Priority Needs Fund - Board Restricted	-	213,415
Priority Needs Interest	-	(4,634)
Priority Equipment	93,070	14,056
RAH Foundation Fund	4,733,045	6,722,919
RAH Foundation Fund Interest	(375,059)	(2,532,570)
Staff Education	-	9,935
Total General Purpose Funds	\$4,603,784	\$5,483,206



	Year End Balance 2011	Year End Balance 2010
ois Hole Hospital for Women/ Women's Health		
Adam Burkholder Memorial (Walk to Remember)	10,776	
Edmonton Chinese Community Fund	-	6,000
Edmonton Eskimo Women's Ovarian Cancer Research Endowment	104,991	103,54
Edmonton Eskimo Women's Ovarian Cancer Research Endowment Interest	12,520	4,90
Cavarzan Chair in Mature Women's Health Research Endowment	3,008,319	
Cavarzan Chair in Mature Women's Health Research Endowment Interest	380,831	
Cecilia Johnstone Endowment for Cervical Cancer	344,794	335,55
Cecilia Johnstone Endowment for Cervical Cancer Interest	28,712	24,54
Harvest Celebrations Lois Hole Hospital of Women Gala	22,786	
Hope is Blooming	-	5,57
Lois Hole Hospital of Women Bereavement (Walk to Remember)	24,942	7,15
Lois Hole Hospital for Women Endowment	2,250,000	5,258,31
Lois Hole Hospital for Women	953,858	1,063,31
Ovarian Cancer Fund	-	38,74
Mary Jo Robbins Endowment for Research and Innovation in Women's Health	1,006,644	855,32
Mary Jo Robbins Endowment for Research and Innovation in Women's Health Interst	41,631	36,54
Sawin & Baldwin Chair in Ovarian Cancer Research	1,456,661	1,045,21
Sawin & Baldwin Chair in Ovarian Cancer Research Interest	171,794	95,00
Dr. Zenon Shewciw Endowment Fund for Gynecological Oncology	133,911	132,46
Dr. Zenon Shewciw Endowment Fund for Gynecological Oncology Interest	18,650	8,91
Terry Horwitz Fund	10,039	0,01
Terry Traft Endowment for Reproductive Endocrinology/In Vitro Fertilization	15,650	15,35
Terry Traft Endowment for Reproductive Endocrinology/In Vitro Fertilization Interest	1,246	(59
What a Girl Wants - Ovarian Cancer Ericksen Event	-	9,24
Wind a one wants overhair carreer Ericksen Event	24,731	24,39
Total Lois Hole Hospital for Women/ Women's Health Funds	\$10,023,486	\$9,070,03
1en's Health		
Garlic Stomp - Men's Health	337,094	150,30
Men's Health Research and Innovation Endowment	1,028,483	1,017,34
Men's Health Research and Innovation Endowment Interest	104,031	29,29
Men's Health	1,367,967	1,136,33
Urology	86,680	(63,420
Total Men's Health Funds	\$2,924,255	\$2,269,840
Buddies for Babies	345	34
Neonatal Education	7,335	7,33
N.I.C.U. Donations	127,405	102,18
N.I.C.U. Bereavement	8,186	8,90
N.I.C.U. Compassionate Support	9,776	10,04
Princess Madison Trust	15,375	13,91
Thatcher N.I.C.U.	513	51:
Total N.I.C.U. Funds	\$168,935	\$143,238

Total N.I.C.U. Funds

	Year End Balance 2011	Year End Balance 2010
Regional Eye Centre - Ophthalmology		
Eye Institute	39,167	93,203
Lions Eye Research Endowment	331,211	303,375
Lions Eye Research Endowment Interest	57,463	30,538
George and Dorothy O'Neill Eye Research Endowment	170,791	170,791
George and Dorothy O'Neill Eye Research Endowment Interest	51,304	37,886
Ophthalmology Donations	27,448	10,973
Ophthalmology Research Endowment	1,766,430	1,500,000
Ophthalmology Research Endowment Interest	105,118	(5,080)
Ophthalmology Equipment	29,592	29,542
Total Ophthalmology Funds	\$2,578,524	\$2,171,228
Orthopedic Surgery Centre		
Orthopedics Funds	101,626	105,675
Orthopedics Research and Innovation Endowment	1,074,923	874,924
Orthopedics Research and Innovation Endowment Interest	82,587	8,727
Kilimanjaro Climb 2011	116,916	-
Total Orthopedics Funds	\$1,376,052	\$989,326
Research and Education		
Critical Care Fund - Education	639	639
Grants - Externally Restricted	-	20,203
Grants Support - Board Restricted	-	147,724
Harold and Florence Mosley Nursing Education and Research	37,383	42,514
Neurosurgery/Research/Thoracics	-	4,741
Nursing Unit 33 Education	132	132
Perinatal Research Centre Donations Fund - Externally Restricted	18,503	17,373
Perinatal Research Centre Donations Fund - Board Restricted	-	500
Research and Innovation - Unrestricted	47,771	4,888
Research and Innovation - Board Restricted	-	42,884
Respiratory Education	3,458	3,458
Speaking of Health	-	22,963
Total Research and Education Funds	\$107,886	\$308,019



	Year End Balance 2011	Year End Balance 2010
Special Purpose		
Aboriginal Diabetes	1,727	1,727
Aboriginal Welcome Baby	375	375
Acute Care - for the Elderly	1,118	1,118
Dr. C.A. Berner Endowment Fund for Patient Care Excellence	27,008	26,859
Dr. C.A. Berner Endowment Fund for Patient Care Excellence Interest	8,616	6,345
Al Blumer Memorial Fund	12,787	12,721
Board of Directors' Restricted	-	7,737
Critical Care Unit	3,833	3,833
Cable Family Compassionate Support Endowment Fund IV	578,043	571,780
Cable Family Compassionate Support Endowment Fund IV Interest	42,837	3,575
Dr. Vince Campbell Memorial Fund	721	721
Cancer Fund	1,450	1,100
Children's Mental Health	50,553	26,556
Children's Services	-	22,308
Colo-Rectal Research	24,769	24,269
Alice Delany Memorial Fund	1,920	1,771
Diabetes Donation	5,860	5,860
Emergency Department	40,053	18,562
Employee Charitable Donation	-	369
Catherine Folinsbee Fund for Pediatric Care	10,452	10,338
Catherine Folinsbee Fund for Pediatric Care Interest	2,198	1,438
Agnes Moffatt Fraser Patient Comfort Fund	65,761	60,642
Holmes Endowment	30,000	30,000
Holmes Endowment Interest	11,128	8,595
Chris Hrudey Endowment Fund - In Memory of William Hrudey	50,000	50,000
Chris Hrudey Endowment Fund - In Memory of William Hrudey Interest	46,336	42,116
Intensive Care Unit	45,185	39,150
InVitro Fertility Clinic (IVF)	2,350	1,250
Medicine Fund	2,000	2,000
Chris Lambert Memorial Trust	34,052	35,092
Dr. Larry Olhauser Fund	500	500
Palliative Care	12,238	12,367
Pastoral Care	516	306
Pastoral Care Worship Centre	5,696	5,696
Peter & Mary Prokopiw Endowment	5,000	5,000
Peter & Mary Prokopiw Endowment Interest	2,196	1,775
Rheumatology Outpatient Clinic	5,000	5,000
Dr. Elizabeth Schwab Fund	3,278	2,076
Sigurborg Gundrun Gail Pjetursson Adult Psychiatry	6,049	5,559
Supportive Care	1,570	1,570
Surgery Donation	500	-
Unit 42	-	1,750
Urban Health	-	13,207
David White Memorial Fund	9,119	9,121
Total Special Purpose Funds	\$1,152,794	\$1,082,134
TOTAL FUNDS	\$30,094,345	\$27,700,352

2011 Report to the Community



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